

# Dundee City Council Education Department Physical Education Code of Practice

The Scottish Consultative Committee on the Curriculum stated that Physical Education is a compulsory element in the curriculum of all pupils up to the age of 16. Physical Education contributes to pupils' physical, academic and social well being and thus is an important part of the education programme. Dundee City Council's Education Department is committed to ensuring a healthy and safe environment for all pupils and staff. **Therefore the following rules apply to all.**

## General Rules

- If you are able to attend school then you are normally expected to participate in Physical Education.
- Absence of kit is an inappropriate reason for non-participation.
- Injury or illness should be supported by a covering letter from parent/guardian in the short term and by doctor's certificate in the long term.
- Pupils should follow any other school rules affecting PE.
- Refusal to take part in Physical Education without good reason is against school rules and will result in disciplinary sanctions being applied.
- Do not chew gum or eat whilst participating in physical activities as it is dangerous.

## Dress

- Dress must be safe and appropriate for the activity and conditions.
- A full risk assessment applicable to self and/or others must have been seen to have been carried out to ensure that this is the case.
- Physical Education clothing must be in line with the school dress policy and should not include or feature inappropriate colours, logos or language.

## Dress Indoor/Outdoor

- Shorts, T-shirts etc. should be in line with the agreed school dress code for Physical Education.
- A change of footwear which is safe, fastened securely and appropriate for the activity should be worn.
- Warm protective clothing in line with the school dress code for Physical Education may be worn.
- It is recommended that a change of underwear, socks and a towel be brought for outdoor work.

## Swimming

- Previously agreed swimwear and a towel are required at all times.

## Jewellery

- All jewellery should be removed.
- If for some reason you cannot remove jewellery then it must be safe and a full risk assessment applicable to self and others must have been seen to have been carried out in these circumstances.
- Only in exceptional circumstances will you be allowed to take part on condition you supply and apply cover to the article(s) of jewellery.
- This condition will only be applied when all other alternatives have been considered.

**REMEMBER THESE RULES ARE INTENDED TO ENSURE THAT PE IS CARRIED OUT IN A SAFE AND SECURE ENVIRONMENT FOR ALL.**

